



GLUTEN FREE CHOICES



BREAKFAST...

Served until 11.30am. Be sure to tell us when ordering that you're gluten free.

KEEPING IT REAL

THE HCS FULL ENGLISH £11.50

2 gluten free sausages, 2 bacon, a fried egg, sautéed mushrooms, hash brown, grilled tomato and baked beans.

THE HCS VEGETARIAN FULL ENGLISH ^v £11.50

2 vegan gluten free sausages, a fried egg, hash brown, grilled halloumi, sliced avocado, mushrooms, grilled tomato and baked beans.



All served with white seeded gluten free bread & butter or vegan spread.

ALL THINGS TOAST

TOPPED TOAST £7.50

2 slices, of white seeded gluten free toast with butter or vegan spread.

Choose up to 2 toppings:

- Eggs how you like them ^v
- Smashed avocado ^v
- Baked beans ^v
- Bacon
- Gluten free sausages
- Vegan gluten free sausages ^v
- Mushrooms ^v
- Cheese ^v
- Vegan cheese ^v
- Smoked salmon (add £2.50)



Up to 2 toppings are included in the price. Add more @ £2 each.



GO, GO AVOCADO! ^v

Why not try our avocado butter? Made in our kitchen by our chefs, @ 50p extra.

ALL DAY BREAKFAST BAPS

Served on 2 slices of white seeded gluten free bread.

CHOOSE 2 FILLINGS £6.50

CHOOSE 3 FILLINGS £8.00

Choose from:

- Bacon
- Gluten free sausages
- Vegan gluten free sausages ^v
- Egg ^v
- Hash brown ^v
- Halloumi ^v
- Avocado ^v
- Mushrooms ^v
- Grilled tomato ^v

BREAKFAST BOWLS

GREEK YOGHURT & GRANOLA BOWL ^v £7.00

Greek-style yoghurt with gluten free oat granola (sunflower & pumpkin seeds, freeze-dried berries, coconut flakes). Served with strawberries, blueberries, chopped banana and honey. ^v

PORRIDGE £7.00

Gluten free porridge oats made with whole milk, ^v skimmed milk ^v or oat milk. ^v Topped with fresh strawberries, blueberries and chopped banana. Served with a choice of honey ^v or maple syrup. ^v

Want to know what's in your food?



Our full Allergen Matrix is available on our website. Scan the QR code and take a look!



Vegetarian



Food allergy or Dietary Requirements

If you have any food allergies or dietary requirements, please speak to one of our team members when ordering your food. We will be happy to assist you.



Vegan



WE ARE SOCIAL: #HighfieldCoffeeSocial #GreatCoffee #GreatFood #GreatVibes #GlutenFree



GLUTEN FREE CHOICES



FOR LUNCH...

Please note that while this menu is entirely gluten free and our staff are fully trained in handling gluten-free produce, all items are prepared in a kitchen that also handles gluten-containing products. While we take every precaution to avoid cross-contamination, we cannot guarantee that our food is completely free from traces of gluten.

Served from 11.30am. Be sure to tell us when ordering that you're gluten free.

THE HCS HOT NOURISH BOWL - BUILD YOUR OWN!

£11.50

A **nourish bowl** is a well-balanced, healthy meal containing a variety of nutritious ingredients, including vegetables, grains, healthy fats, quality proteins and carbohydrates. Oh, and they are packed with delicious flavours!



★
THE GOOD STUFF!
Up to 5 great toppings
are included in the price!
Add more @ 75p each.



1 CHOOSE YOUR BASE

- Brown rice ✓

2 CHOOSE YOUR MAIN

Choose from:

- Baked salmon fillet (add £2.50)
- Beef Chilli (add £2.50)
- Chicken
- Goats cheese ✓
- Gluten free sausages
- Vegan gluten free sausages ✓
- Halloumi ✓
- Feta Cheese ✓

3 CHOOSE UP TO 5 TOPPINGS

Choose from:

- Roasted carrot ✓
- Roasted beetroot ✓
- Roasted broccoli ✓
- Pickled red onion ✓
- Roasted cauliflower ✓
- Roasted sugar snap peas ✓
- Sweetcorn ✓
- Sliced avocado ✓
- Roasted cherry tomatoes ✓
- Mixed leaf ✓

4 CHOOSE YOUR DRESSING

Choose from:

- Beetroot hummus ✓
- Balsamic glaze ✓
- Honey & mustard dressing ✓
- Rich garlic & herb vinaigrette ✓
- Coleslaw ✓

ALL DAY BREAKFAST BAPS

Served on 2 slices of white seeded gluten free bread.

CHOOSE 2 FILLINGS £6.50

CHOOSE 3 FILLINGS £8.00

Choose from:

- Bacon
- Gluten free sausages
- Vegan gluten free sausages ✓
- Egg ✓
- Hash brown ✓
- Halloumi ✓
- Avocado ✓
- Mushrooms ✓
- Grilled tomato ✓

LOADED JACKETS AVAILABLE MONDAY TO FRIDAY £7.50

Create your own loaded jacket spud with up to 2 choices of your favourite toppings. Choose from:

Choose from:

- Baked beans ✓
- Cheese ✓
- Vegan cheese ✓
- Coleslaw ✓
- Tuna mayo & sweetcorn
- Side salad with basil oil dressing ✓
- Beef Chilli (add £2.50)

✓ Vegetarian

● Food allergy or Dietary Requirements

✓ Vegan

If you have any food allergies or dietary requirements, please speak to one of our team members when ordering your food. We will be happy to assist you.

SOUP OF THE DAY AVAILABLE MONDAY TO FRIDAY £6.00

Our soups are always gluten free. Please ask about today's choice.
Served with gluten free seeded bread with butter or vegan spread.

SANDWICHES £4.00

Served on gluten free seeded white bread.

Choose from:

- Avocado, house salad & beetroot hummus ✓
- Tuna & sweetcorn
- Chicken, avocado & mayo
- Bacon, lettuce & tomato
- Ham
- Cheese ✓

PANINIS £6.50

Served on gluten free panini bread.

Choose from:

- Tomato, basil & mozzarella ✓
- Tuna melt
- Chicken, basil & mozzarella
- Ham & cheese

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